

Sensory Play with Infants/Toddlers

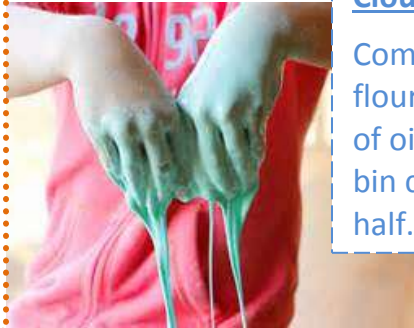
Edible No-Cook Fingerprint

Use plain yogurt as it is unsweetened and is quite tart which will discourage your child from tasting it. Divide yogurt into small cups (about 2 big spoonfuls in each) then add ½ to whole package of Kool Aid depending on the colour. If your child has a dairy allergy or has not yet been introduced to dairy, you can use any kind of yogurt you like (rice, soy, coconut milk). If you don't want something scented just add a drop or two of food colouring and stir well.



Oobleck

Combine equal parts of cornstarch and water. Slowly add the water to the cornstarch until you get the consistency you want, you don't want it too runny. Mix well with your hands until you can scoop a handful of Oobleck and almost make a ball. The ball quickly turns to a liquid and drips through your hands. You can add food colouring to change the colour if you want.



Cloud Dough

Combine 8 cups of flour for every 1 cup of oil. For a smaller bin cut the recipe in half.



Coloured Pasta

Cooked pasta is one of the easiest and safest ways to make a sensory bin for babies who are old enough to eat solids. Cook pasta according to directions. You can choose to add food colouring to the water while boiling or add food colouring to the pasta after cooking and mix well. Store the pasta in an airtight container in the fridge to reuse for up to a week.

Sensory Gel Pad

Take a heavy zip lock bag and fill it about 1/3 full of hair gel, then add you beads, buttons or whatever else you may choose to use. Next, try to push most of the air bubbles to the top of the bag and zip it closed. Use coloured duct tape to seal all of the edges to make it more durable.



Water Sensory Mat

All you need is a gallon freezer ziploc bag, duct tape, water, and a few small items that won't poke through the bag to add. You can use small toys, glitter, confetti, or whatever you choose. Fill the bag with water then seal. Go around the edges