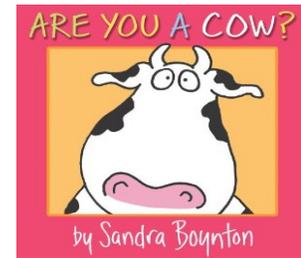




Are You A Cow?

By Sandra Boynton



This short story is about a chicken who is asking questions to find out who YOU are!

Before:

Introduce the story by telling the children a little bit about the book. Use the cover to create an opening question to help gain the children's attention, "I wonder who the chicken is talking about?"

During:

While you are reading, take time to pause and observe the illustrations and create questions. Talk about what each animal looks like and the differences between each of them. To make it fun, talk about the different noises each animal makes and say them out loud together.

Be Silly with Animal Sounds

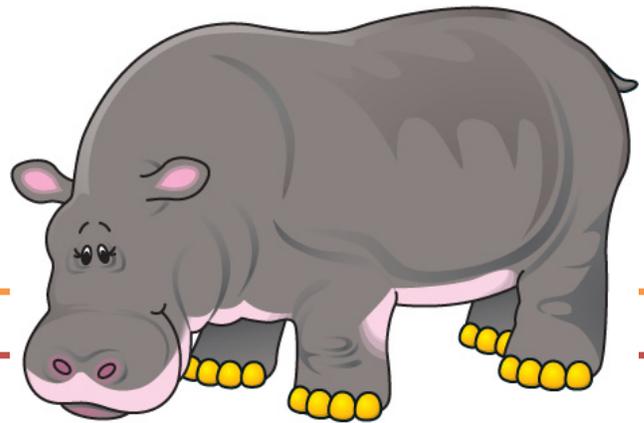
Make this story time fun by:

"barking" like a dog "moo" like a cow "Quack" like a duck
"Oink" like a pig "Grrrowl" like a bear

After:

Discuss the story. Ask Questions...

- Who was the chicken asking the questions to?
- What kind of animal did the chicken think you were?
- What words did the chicken rhyme in the story?
- Why did the chicken say you are NOT a hippo?



Let's Talk About *Are You A Cow?*

This story is all about the chicken figuring out who you are. What are some things that make you who you are? Do you have a special talent? What is your favorite colour? What kind of music do you like to listen to? What is your favorite activity to do?

Are You A Cow?

Penguin Facts!

Penguins are birds with black and white feathers and a funny waddle. But unlike most birds, penguins are not able to fly -- in the air that is. Penguins spend as much as 75% of their time underwater, searching for food in the ocean. When they are in the water, they dive and flap their wings. It looks just like they are flying!

Penguins are shaped like a torpedo. Their body is built for the most efficient swimming with their average speed in the water being about 15 miles per hour.

The only time penguins are airborne is when they leap out of the water. Penguins will often do this to get a gulp of air before diving back down for fish. Penguins cannot breathe underwater, though they are able to hold their breath for a long time. They also use their ability to leap out of the water to get from the ocean onto land if there are cliffs or ice flows to deal with.

Penguins spend a lot of time dealing with temperature. They are warm blooded, just like people with a normal body temperature of about 100 degrees F.

So how do they stay warm in the cold places they live and in the icy cold waters?

Just like whales, penguins have a layer of fat under their skin called "blubber". Overtop of this they are covered with fluffy "down" feathers and overtop of those they have their outer feathers which overlap to seal in warmth. Penguins rub oil from a gland onto their feathers to help make them waterproof and windproof.

"Old MacDonald"

Old Macdonald had a farm, E-I-E-I-O
And on his farm he had a cow, E-I-E-I-O
With a "moo-moo" here and a "moo-moo" there
Here a "moo" there a "moo"
Everywhere a "moo-moo"
Old Macdonald had a farm, E-I-E-I-O

Old Macdonald had a farm, E-I-E-I-O
And on his farm he had a pig, E-I-E-I-O
With a (snort) here and a (snort) there
Here a (snort) there a (snort)
Everywhere a (snort-snort)
Old Macdonald had a farm, E-I-E-I-O

Continue adding animals with their sounds -- it's fun to allow the children to take turns picking the next animal/sound combination

What's inside the kit ?

- Up On The Iceberg Song
- Play dough Recipe & Animal Cutters
- Penguin Alphabet Match
- Animal Alphabet Match
- Animal Number Clip Cards
- Animal Bingo
- Penguin Number Count
- Penguin Colour Match; Hat & Scarf
- Penguin Life Cycle Puzzle

