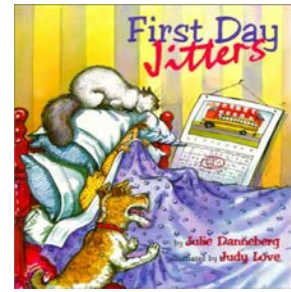




First Day Jitters

By Julie Danneberg



This cute story is about a character named Sarah who is nervous about her first day of school. She has moved to a new school and doesn't know anyone there; luckily she has Mr. Hartwell who does a great job helping her get rid of her first day jitters.

Before:

Introduce the story by telling the children a little bit about the book. Ask questions to gain their interest and attention towards story time. An example question could be, "I wonder why Sarah has first day jitters for school?"

During:

Take some time to observe the illustrations and ask questions. Talk about a child's first day at school and reasons why they might be nervous but also why they should be excited. Point out any "rare words" and help the children relate the word in a way that makes sense to them.

Rare Words in *First Day Jitters*

Trudged: to walk slowly with heavy steps **Clammy:** damp, sticky, cold to the touch

Moaned: a low, mournful cry usually of sorrow or pain **Chuckled:** laugh quietly to yourself

Fumbled: to move your hands in a clumsy manner; different directions

After:

Discuss the story. Ask questions...

- Is Mr. Hartwell Sarah's dad?
- Why was Sarah nervous for the first day of school?
- Did Sarah turn out to be a student or a teacher?
- Do you think all teachers are nervous for the first day of school? Or excited?



Let's Talk About *First Day Jitters*

In this story Sarah is very nervous to go back to school. Why does she say she is nervous? What would make you nervous for the first day of school? What would make you excited for the first day of school?

First Day Jitters

Jitter Juice:

Do you have the jitters? It is normal on the first day of school.
Take a drink of this special juice and it will help settle your tummy.
Just remember that if you are nervous that is OK, this juice will help the butterflies go away.

When that happens just remember that I am always with you in your heart even if I can't be there in person.

Ingredients

- Hawaiian Punch or any Red Beverage
- Sprite, 7UP or Sierra Mist

Instructions

1. Mix Hawaiian Punch and Sprite together.
2. Drink after reading First Day Jitters



Sing Along

Two More Days 'til School

By: Leslie Kimmelman

I'm finally going to school this year,
and now the big day's almost here.
I'll learn to write and count and read--
Only two more days till school.

I got new pants and shirts and socks,
A brand-new red and blue lunch box;
I'll paint and sing and dance and play--
Only one more day till school.

My hair is washed, my sneakers squeak,
I'm so excited, I can hardly speak!
New things to do, new friends to meet--
Hooray! It's the first day of school!

What's inside the kit ?

- Learning Friends Colour Match Felt Board
- School Supply Match
- Back to School File Folder Game
- Alphabet Clip Cards
- School Supply Number Clip Cards
- Number to Picture Counting Match
- Shape Match Board
- Colour Puzzle Match
- Alphabet Lowercase/Uppercase Match

