



Social & Emotional Kits- Toddlers



How to encourage Social & Emotional Development in your toddler!

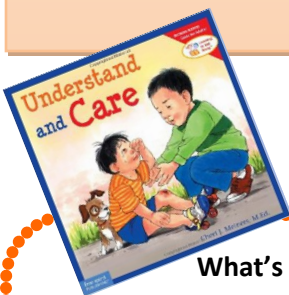
- When reading a story, use the illustrations to create questions. Ex; “How do you think this boy feels?”
- Say an emotion and have your toddler point out the emotion in the picture.
- Ask your child to show different emotions on their face. “*Can you make an angry face for me?!*”
- Discuss any relationships you may see in the book. Ex; *mom and son hugging shows a trusting relationship*

Relationships are crucial when it comes to the social and emotional development of a toddler. Relationships set the foundation for their social and emotional health. This includes; expression of feelings, management of emotions, ability to develop close relationships with others and the initiative to explore surroundings and learn.

The ideal relationship to help with a toddler’s social and emotional development will include:

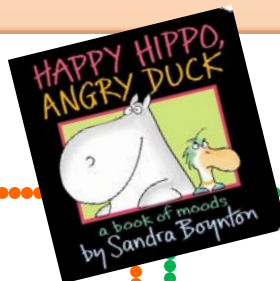
Trust Security Closeness Quick response to needs

By integrating these key elements into your relationship your child will know that they are safe with you and this will help encourage them to explore, learn, and engage in the world and with people around them. This will help your child to be successful in school and life.



What’s included in the kit?

- ✓ Social and Emotional Tips for Development
- ✓ *If You’re Happy and You Know It* Song & Actions



Suggested Books & Tools

- ✓ *Happy Hippo, Angry Duck* By Sandra Boynton
- ✓ *Understand and Care* By Cheri J. Meiners
- ✓ *Share and Take Turns* By Cheri J. Meiners
- ✓ Mirror



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