

Local Support for Children and Families During COVID-19

May 2020



EarlyON Sites and Current Activities:

EarlyON Arnprior:

Email Contact: oev.arn@hotmail.com

Current programming includes: Online live circle and story time, connection to online resources, science-based activities, and weekly craft bags for children (may be limited number). Also available for regular video and telephone chats with parents and families who are wanting to connect. Please follow them on Facebook at: search **EarlyOn – Arnprior Family Preschool Resource Centre** or <https://www.facebook.com/groups/346960589047/>

EarlyON BIAK (Indigenous Teachings):

Email Contact: n.ward@bell.net or liveloughlove.jl@hotmail.com

Current programming includes: regular posting of activities, story times, drumming circles, outdoor activity ideas about Mother Earth, and Indigenous teachings and language videos on social media. Please follow them on Facebook at: search **BIAK EarlyON Mobile Unit, Indigenous Teachings & Algonquin Language**

EarlyON North Renfrew:

Email Contact: lisa.cote@fcsrenfrew.on.ca

Current programming includes: live circle times that include songs and stories. Posting of online resources and supports. Weekly live video drop-in chats and telephone calls by request. Please follow them on Facebook at: search **North Renfrew EarlyON Child & Family Centre** or <https://www.facebook.com/NorthRenfrewEarlyON/>

What is an EarlyON Child and Family Program?

Please be advised that although EarlyON program sites are closed at this time, they are offering a wide ranges of resources, activities, and **supports electronically and over the telephone.**

EarlyON Child and Family Centres offer **free programs** to parents/caregivers and their children from birth to six years of age. These centres welcome all families to participate in quality programs that

- help strengthen adult-child relationships,
- support parent education, and
- foster healthy child development.

Qualified professionals can help families and caregivers find support, get advice, make personal connections and access a network of resources.

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Current EarlyON Activities Continued:

EarlyON Pembroke:

Email Contact: earlyon.pembroke@fcsrenfrew.on.ca

Current programming includes: Weekly take-home activity packs (may be a limited number), online circle time, connection to online resources, and are available for telephone chats with parents and families who are wanting to connect. Please follow them on Facebook at: search **EarlyON Child and Family Centre Pembroke (Ontario Early Years Centre)** or <https://www.facebook.com/groups/551155418341272/>

EarlyON Petawawa Play Troop:

Email contact: phdc.pmfrfc@bellnet.ca

Current programming includes: regular posting of activities, resources, recipes, as well as videos of story times and circles on social media. Craft and activity bags (may be a limited number) are being created and are provided for curbside pickup. An ongoing Prenatal nutrition group is actively maintaining a connection during the site closure. If you would like to schedule a telephone chat, please contact Angie at phdc.pmfrfc@bellnet.ca. Please follow them on Facebook at: search **Petawawa Military Family Resource Centre (PMFRC)** or <https://www.facebook.com/pmfrfc/>

EarlyON Renfrew:

Email contact: crcrcn@bellnet.ca

Current programming includes: ongoing activities, craft ideas, and resource videos posted on social media channels. Weekly craft and activity bags for children and families are available by delivery and pickup (may be a limited number). Available by email, phone, and video chats with parents and families by appointment. Please follow them on Facebook at: search **EarlyON Renfrew Child and Family Centre** or <https://www.facebook.com/earlyonrenfrew/>

EarlyON Toy Bus:

Email contact: toybus@crc-renfrewcounty.com or info@crc-renfrewcounty.com

Current programming includes: Online live circle time, YouTube channel with fun videos and activities, online live 'Simon Says' puppet chat (partnered with the Phoenix Centre) to offer children emotional support, online live story time and singing. Available for telephone chats with parents and families who are wanting to connect. Follow them on Facebook at: search **Toy Bus** or <https://www.facebook.com/ToyBusPlayAndLearnGroups/>

On y va Comte de Renfrew (Francophone):

Email contact: lagarderielespetitesmains@gmail.com

Current programming includes: regular posting of activities to do at home, storytelling videos, and links to local resources for families. Available for telephone chats with parents and families by appointment.

Please follow them on Facebook at: search **On y va** or

<https://www.facebook.com/onyvarenfrew/>

Au centre On y va durant la pandémie nous offrons sur notre page Facebook une variété d'informations aux familles concernant: les activités à faire à la maison en confinement, histoires interactives, ressources disponibles dans la communauté pour les familles dans le besoin. Suivez-les sur Facebook à l'adresse suivante :

On y va or <https://www.facebook.com/onyvarenfrew/>



Additional Resources for Children and Families:

- **Leaders in the Early Childhood Education field, Dr. Jean Clinton and Ann Douglas**, offer an ongoing video series addressing how to support your children throughout the pandemic. Sample topics include: 'How to Talk to Your Children About the Pandemic' and 'Managing Fear'. Please follow the link to access the first episode: <https://www.youtube.com/watch?v=zlqqIGXUyTc>
- **Connecting and Coping through COVID: Getting to Better**, a video by Stephen De Groot and Dr. Jean Clinton. Please follow the link here: <https://www.facebook.com/GettingtoBetter/videos/651917832261682/>
- **AboutKidsHealth** © offers videos for children about:

Nasal Swabbing:

https://www.youtube.com/watch?v=HU8TX2eADJ4&list=PLjJtOP3StluU99GGMBBV2N_b2tsRwMx0m

Personal Protective Equipment:

https://www.youtube.com/watch?v=sNinywG7BtY&list=PLjJtOP3StluU99GGMBBV2N_b2tsRwMx0m&index=2

Physical Distancing:

https://www.youtube.com/watch?v=r51gYrDzpHQ&list=PLjJtOP3StluU99GGMBBV2N_b2tsRwMx0m&index=3

COVID-19 HubPage: <https://www.aboutkidshealth.ca/covid19>

- **Sesame Street** © offers videos and information for children related to COVID-19:

Caring for Eachother:

<https://www.sesamestreet.org/caring>

Sesame Street and Autism: Coping with COVID-19: <https://autism.sesamestreet.org/coping-with-covid/>

